

ACTIVITY CALENDAR

FEBRUARY

REGULAR **EVENTS:**

*Newspaper &
Coffee @ 9:30
Mon-Sat

*Tongass Music
Circle Mondays @
3:00

*Sing-a-long every
Tuesday @ 1:30

*Hula Hands
Class Thursdays
@ 1:30

*Every Sunday @
1:30 local Church
Service on the
3rd Floor

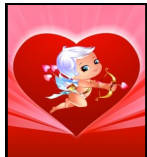
*BINGO is every
Wednesday @ 1:30

*Exercise every
Tuesday and
Thursday @ 10:30

*Popcorn and a
Movie every
Thursday @ 5:30

**Ice Cream Social
every Friday @
1:30

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VOLUME 13 ISSUE 2

Ketchikan Pioneer Home

FEBRUARY 2015

Greetings from the Administrator

Many of you have approached me with concerns about what the Statewide budget cuts will mean to the Alaska Pioneer Homes.

All of the Administrators have been meeting with staff to determine where we can reduce the budget with the least impact to our resi-

dents. We have put capital projects on hold in each of the homes and tabled some deferred maintenance that we had planned. As a system we will reduce some positions through attrition and may also need to reduce the work force further through lay offs

though we are working hard to find ways to work smarter and to deliver the same services we always have with less resources. Please be patient with us as we work to do our part in being good stewards of State dollars.

Julie Sande, Administrator
228-3362
julie.sande@alaska.gov

Advisory Board Visit



The Alaska Pioneer Home Advisory Board members will be visiting the Ketchikan Pioneer Home on February 17th. There will be an opportunity to meet with the Advisory Board at 1:15 in the Great Room. Please join us in welcoming the Board to our Home.

FEBRUARY FAMILY & FRIENDS DINNER



Resident Fred Greuter enjoys a moment with his wife Lillian at the January Family Dinner.

We are looking forward to a Chinese New Year inspired Family and Friends Dinner scheduled for February 19th @ 5:00p.m

Appetizer: Lettuce Wraps and Chicken/

Peach Wontons
Soup: Wonton Soup
Entrée: Sweet and Sour Chicken, Fried Rice and Egg Roll
Dessert: Chinese Sponge Cake with Coconut Icing

Please make your dinner reservation by Monday February 16th by calling Activities at 228-3372.



CARD SHARKS



We have been enjoying a resurgence of card games this month as several of our new residents are great fans of card games. If you would like to volunteer please stop by and

join us for a game of cards but be prepared because some of our residents are experts! Our card games are also enjoyed by our pet friends and our young friends!



*"Many have sensed
as the years went by
But only a few have
heard the cry:
That something
that's hard to define,
not clear:
The call that comes
to a Pioneer"*
-Bert Hall



Resident Larry Thomas gets his new hat adjusted by a friend.

HAT DAY

We celebrated another successful Hat Day with our preschool kiddos. Everyone had a great time constructing and decorating new hats, wearing some of the fancy hats we purchased, and playing the Hat game!



Resident Ilona Brady shows off her hat.

WILL YOU BE OUR VALENTINE?

The activities dept. would like to encourage people in the community (young and old) to send beautiful, silly, or sentimental Valentines to our residents. There will be a printed sheet of all resident first names

(just like when we were in elementary school) available in the lobby so you may personalize your valentines. We will deliver the Valentine bags on Feb. 13th at our Chocolate Valentine Party at 1:30 p.m. in the Great Room. We

will be getting out the chocolate fountain for the party. If you would like to join us please bring a chocolate valentine treat to share. Please come join in the fun!



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

The Ketchikan Pioneer Home Foundation is enrolled in the Pick Click Give Program in partnership with the Permanent Fund Dividend Division. This program allows Alaskans to share their PFD with causes they care about. Your donations go directly to your chosen non-profit. If you are

interested in making a donation through Pick Click Give please do so when filing your PFD Application. If you have already filed then go to:

www.pfd.state.ak.us

and click on this button:

Add or Change Your
Pick.Click.Give Donation

to modify your donation choice.

Bob Sivertsen
Alaire Stanton
Nerissa Buendia
Bill Moran
Ed Zastrow
Ann Thompson
Terry Wanzer
Mona O'Dell
Fred Monrean
Sherrie Slick
Ray Hendricks
Linda Auger



POETRY WORKSHOP

The Ketchikan Pioneer Home recently hosted an intergenerational poetry workshop. Participants included high school students, elders, a care giver from the home and a couple of teachers and our workshop leader. After initial skepticism on the part of a few of the elders, "I can't write a poem", or "I just want to listen and not write" we all produced amazing poems. Of course we had a fabulous and inspiring teacher, Vicky Edmonds of Seattle. The task was to write a poem about yourself using a simile and explaining why you or your life was like that thing. We were all astounded by the depth of these poems about ourselves.

MISSING YOU



We lost our dear friend Victor Hanson on January 29th. We are still adjusting to the home without him as Victor has been a part of our lives since 2004. We miss his presence very much and rely on our memories for comfort.

Hula Hands is such a fun way to be active and stay warm on these cold January days! Please join us for our Hula exercise class!





KPH

Ketchikan Pioneer Home
141 Bryant St.
Ketchikan AK 99901

julie.sande@alaska.gov
907 617 5005
907 228 3362

Mission Statement:
Providing Elder Alaskans a
home and community,
celebrating life through its
final breath.

Activity Calendar Continued...

*We are introducing a new regular activity on Sunday mornings : Seated Yoga with Rachel will be at 10:30 a.m.

2/03 Foundation Lunch @ 12:00

2/09 Resident Council @ 1:30

2/10 Make Valentines with SAIL

2/11 Eden Activity

2/13 Valentine Crafts with preschool 10:45

2/13 Valentine Day Chocolate Party 1:30

2/14 Visit Quilt Show @ 1:00

2/17 Celebrating Mardi Gras

2/18 Monthly Birthday Party @ 3:00

2/19 Family and Friends Dinner
@ 5:00

2/24 Karaoke @ 6:00

2/25 Lady Bugs visit @ 2:30



Legislative Teleconference Schedule

Please join the Commission on Aging for the 2015 legislative teleconferences to discuss bills of interest to seniors in our community across the State of Alaska.

The teleconferences will be held at the KPH from 9:30-11:00 a.m.

February 12th
February 26th



STAFF AND RESIDENT BIRTHDAYS

STAFF

Marilie Deleon 2/4
Siri Alvey 02/12
Norma Oposcolo 2/21
Jearielyn Layague 02/23

RESIDENTS

Margo Shay 02/13/1939

